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Dear Friends:

In times of uncertainty such as these, we see the best of our community emerge. In the midst of the current COVID-19 crisis, we are overwhelmed with gratitude for all who have asked, "How can I help?" Unfortunately, we are also overwhelmed with requests from seniors all over Los Angeles County who need our help, most especially those who are alone and isolating.

We are open and operating and the best way you can help our most vulnerable neighbors right now is by [making a financial donation](#).

Financial donations support our ability to respond to the needs of seniors for assistance with paying for shelter, utilities, home repairs, medicine and much, much more.

Here's what your donation can do:

- \$1000 can pay their rent
- \$500 can keep their phone, gas and electricity working
- \$250 can pay their plumbing and other repair bills
- \$100 can pay for medical equipment
- \$50 can pay for their medications

Here are more ways you can make a difference:

- **Connect.** Social distancing doesn't have to mean social isolation. Reach out to seniors by phone, email or community networking sites. Contact your local senior center and ask if they need volunteers to connect with seniors in their area.
- **Check on your neighbors and introduce them to technology.** As toilet tissue and food fly off the shelves, delivering groceries and making sure older, susceptible adults have items they need to survive a quarantine could prove invaluable. You can mitigate the loneliness of the older population by introducing them to technology such as FaceTime, WhatsApp or Skype, as well as practicing good hand hygiene habits!

YOU can be an essential service.

This community always rises to every challenge, and this is no exception. As always, we and those we serve thank you for your support!

Sincerely,

Jeff

Jeffrey A Friedman
Executive Director

MAPS CHARITIES

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A nonprofit, charitable, tax exempt organization dedicated to assisting disadvantaged seniors. 501(c)(3) #27-0749461